

DIZZY

32 count 4 wall intermediate line dance

Choreographed 12/97 by Jo Thompson - Dallas, TX, DanceJo@aol.com

Music Suggestion: "Dizzy" from Scooter Lee's "Movin On Up" CD (32 count intro) 124BPM

ROCK, STEP, COASTER STEP, STEP, 1/2 TURN, STEP, 1/2 TURN

- 1 - 2 Rock forward with R (1), Replace weight back to L foot (2)
- 3 & 4 Step back with R (3), Step together with L (&) forward with R (4)
- 5 - 6 Step forward with L (5), Turn 1/2 R shifting weight forward to R foot (6)
- 7 - 8 Step forward with L (7), turn 1/2 shifting with forward to R foot (8)

CROSS, SIDE, SAILOR, CROSS, SIDE, SAILOR

- 1 - 2 Step L across in front of R (1), Step R to R side (2)
- 3 & 4 With body facing slightly L, Step L behind R (3), Rock to R side with ball of R foot (&), Step slightly forward with L (4)
- 5 - 6 Step R across in front of L (5), Step L to L side (6)
- 7 & 8 With body facing slightly R, Step R behind L (7), Rock to L side with ball of L foot (&), Step slightly forward with R (8)

CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL L TURN FORWARD

- 1 - 2 Step L across in front of R (1), step R to R side turning 1/4 L (2)
- 3 & 4 Step back with L (3), Step together with R (&), Step back with L (4)
- 5 - 6 Rock Back Right. Rock Forward Onto Left.
- 7 On Ball Of Left Pivot 1/2 Turn Left And Step Back Right.
- 8 On Ball Of Right Pivot 1/2 Turn Left And Step Forward Left.

SHUFFLE FORWARD, STEP, 1/2 TURN, SHUFFLE FORWARD, STEP, 1/2 TURN

- 1 & 2 Step forward with R (1), Step together with L (&), Step forward with R (2)
- 3 - 4 Step forward with L (3), Turn 1/2 R shifting weight forward to R foot (4)
- 5 & 6 Step forward with L (5), Step together with R (&), Step forward with L (6)
- 7 - 8 Step forward with R (7), Turn 1/2 L shifting weight forward to L foot (8)

START AGAIN FROM BEGINNING OF DANCE

Ending: At the end of the song, you will have 2 extra beats... Stomp R, L in place to finish.